

*“Honoring Human Dignity through Resilience, Rehabilitation, Re-entry”
Since 1995*



C O R P O R A T E P R O F I L E

2011

THE CENTER FOR COMMUNITY EXCELLENCE AND SOCIAL JUSTICE

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CENTER FOR COMMUNITY EXCELLENCE AND SOCIAL JUSTICE

Restoring Our Community Through Rehabilitation and Reentry

Community Services Institute - Behavior Services Institute - Public Policy Institute - Sojourner Ministries

Downing Street Learning Center - Colorado Healthy Marriage Initiative - CCESJ Publishing

Black Abstinence Coalition, Colorado/Wyoming Coalition for the Education of Black Children

A 501© (3) Nonprofit Organization

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MISSION STATEMENT: Facilitating the development of human possibilities is the mission of the Center for Community Excellence and Social Justice (CCESJ). We achieve such through the following venues: (1) Community Service, (2) Behavioral Service, (3) Public Policy Analysis, (4) Training and Development, (5) Scholarship, and (5) Spirituality.

SERVICE PROVISION: CCESJ provides a collection of, culturally enriching, educationally enhancing,, skill sets woven throughout its direct services which include: Marriage and Family Therapy (including Domestic Violence Intervention), Children's Play Therapy, AOD Counseling/Education/Therapy, Trauma and Grief Counseling, and Anxiety Management. Our services are informed by our capacity to provide Psychological, Mental Health, Domestic Violence, Substance Abuse Cognitive Capacity and other evaluations.

BOARD OF DIRECTORS: CCESJ boasts a national board representing academic, community based, religious, civic and public organizations. As well we hear from youth, elders, parents, and other laypersons. This multi-racial/ethnic community of stakeholders helps to guide and support our mission, our vision, our goals, and objectives. The members of our advisory board include: **Sheila Ards**, Ph.D. Benedict College, Columbia, SC; **Sharon Bailey**, Ph.D. City and County of Denver's Auditor's Office, **Michael Hancock**, Denver City Councilman; **Robert F. Garrison**, MA, Wilmington, NC, Recreational Services; **Henry Mitchell**, D.Min., United Theological Seminary, Dayton, OH; **Samuel Myers, Ph.D.**, Roy Wilkins Institute, Minneapolis, MN; **Sandra Seale**, Ph.D. Retired, Cherry Creek School District, Denver, CO; **Clifton Smith**, Ph.D., Clifton L. Smith, Inc., Chicago, IL; **Rev. Dr. J. Alfred Smith**, Allen Temple Baptist Church, Oakland, CA; **Richard Stillman, Ph.D.** University of Colorado at Denver; **Jerome Taylor**, Ph.D., Center for Family Excellence, Pittsburgh, PA; **Terry Thomas, Esq.**, Washington, DC.



The Rev. Marjorie B. Lewis
Ph.D., D.Min., LMFT, LAC, CSPT

President:

Center for Community Excellence and Social Justice
Professor/Director, Dept. of Human Services
American Pathways University

Pastor:

Sojourner United Church Ministries

Dr. Lewis has been a member of the Denver Community since 1991, coming to us from the Washington, DC Metropolitan area via Pittsburgh, Pennsylvania and Berkeley, California. She came to the Metro Denver community with human services and community-based empowerment as a Godly call. Armed with the Bachelor, three Masters, Ph.D. and D.Min. degree, she has transformed her academic career and community mobilization into the Center for Community Excellence and Social Justice. She utilizes this Center in partnership with Sojourner United Church Ministries and the American Pathways University to honor human dignity through spirituality, education, and empowerment.

Through the Center's Behavior Services Institute, one may receive drug and alcohol rehabilitation, individual and group counseling, marriage education/, counseling, and therapy, grief therapy, behavioral, emotional, cognitive interventions unique to children/youth, and HIV/AIDS faith-based harm-reduction technical assistance and training. The Center's Public Policy Institute houses the Conference of Minority Public Administrators and the Colorado Council for the Education of Black Children. She is the author of various journal articles and book chapters including a sermon in Ella Pearson Mitchell's, *Those Preaching Women Volume III*. Her most recent literary endeavors include the contribution of two chapters in a three volume series entitled *The Black Church and Public Life* and a chapter in the published volume, *Raising the Bottom: Promoting Marriage in the African American Community*.

Under her leadership, the CCESJ, in partnership with seven other nonprofit organizations, has embarked on an exciting venture to establish the American Pathways University (APU). The CCESJ is responsible for overseeing APU's Downing Street Learning Center, including credentialing in Alcohol and Drug Counseling, and Domestic Violence Intervention at the undergraduate level and Marriage and Family therapy at the graduate level.

Community interests of Dr. Lewis are also captured through the Center's invitations to appear on television as well as being a guest on various radio programs. Dr. Lewis is invited to offer editorial and by-line comments as an expert on certain topics relevant to Child Welfare, Family Wellness, and Prevention/Intervention Issues of Domestic Violence and Addiction/Compulsion. Dr. Lewis serves as the editor of the quarterly newsletter sponsored by the Colorado Healthy Marriage Initiative, boasting a distribution to more than 3,000 individuals and/or organizations.

Dr. Lewis' civic responsibilities do not end there, as she serves on various boards and other associations including the City and County of Denver' Department of Human Services, Women, VP for Education, Greater Metropolitan Denver Ministerial Alliance, Chair of the Human Services Subcommittee of Denver Colorado's African American Commission, Former Chaplain of the Denver Alumnae Chapter, Delta Sigma Theta Sorority, Inc., Former Chaplain of the Colorado State Senate, founder of the Black Abstinence Coalition and the Colorado Wyoming Council for the Education of Black Children.

Dr. Lewis, through her organization, has established the Colorado's Healthy Marriage Initiative/Movement. She has developed a series of activities addressing a variety of dimensions including, the correlations of fatherhood, abstinence, addiction, and domestic violence, with the traditional aspects of a healthy marriage community transformation. She developed a Cessation Curriculum for sexually active youth, teens, and adults; produced audio and video packages featuring: Spiritual Alliances in AOD interventions, Anxiety and Addiction/Compulsion, and Family Systems and Addiction, Enhancement/Healthy Marriage Series, and a compendium of reflections on relationship enhancement and healthy marriage.

Most recently, Dr. Lewis is partnered with the FBCC, AAHMI and local entities in the development of the Strengthening Families Movement for the Denver metropolitan area.

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COMMUNITY SERVICES INSTITUTE:

Our Community Services Institute houses a variety of projects in media, group (women and youth), family, and multicultural ethical outreach initiatives. These outreach activity vehicles include radio, television, newspaper, group sessions, and town meetings.

Media Outreach

- ***Straight Talk:*** Nationally Syndicated Newspaper Column series addressing relationship issues at the individual, couple, family, and community levels. The column is featured in traditional African American Newspapers.
- ***Live Well, Love Well, Marry Well:*** Television Series and DVD collection addressing individual, couple, family and community relationships. DVD's are available through the Center for Community Excellence and Social Justice.

Colorado Interfaith Consortium

This consortium was established through participation of individuals representing a variety of 25 churches /mosques /temples/ and other faith institutions to address community issues affecting the African American Community. The Colorado Interfaith Consortium (CIC), based in Denver Metropolitan area, officially became established during a workshop, August 28-29, 2003, sponsored by the Center for Community Excellence and Social Justice, and the Interdenominational Faith Leaders Institute of the Interdenominational Theological Center. Participation is open to all institutionally based ministries. Lay participation requires the permission of the ministerial heads, or otherwise chief executive officers of the organizations represented. For more information regarding the consortium, please call the Center for Community Excellence and Social Justice at (303) 831-4500, or e-mail CCESJ@attglobal.net. You may also visit our website at www.CCESJ.org. The consortium has established the following areas of emphasis.

HIV/AIDS Faith Based Harm Reduction Technical Assistance: We currently serve as the liaison organization for Faith-Based approaches for HIV/AIDS intervention and prevention. We have been serving this function between the public sector and the faith based sector since 2003.

- ***Colorado Healthy Marriage Initiative/Movement:*** The consortium has identified as one of its orientations, to facilitate marriage enhancement through marriage encouragement and empowerment. The initiative is currently in its beginning stages.

Youth Empowerment

- ***Summer Student Orientation Program:*** An eight-week summer youth program that is developed to respond to the various needs of the Denver metropolitan youth during the summer months. It provides children with a rewarding and stimulating structured learning experience.
- ***Rites of Passage:*** A nine-month development enhancement children's initiative accommodating the ages eight through 11. It features seven learning modules targeting behavior outcomes including Educational Excellence, Citizenship, Spirituality, Community Responsibility, Personal and Social Relationships, Cultural-Specific History, and Enhanced Self Esteem. Developmental techniques include, group processing, learning through facilitated discussions, field trips, films, role play, mentoring engagements, two retreats, at least three social engagements, personality and learning style assessments, among other activities.
- ***It Takes A Village:*** A long-term investment manifested through a variety of developmental and intervention initiatives. Implemented through an array of mentoring relationships, personality and learning style assessments, advocacy services among other features, It Takes A Village provides generational partnering with children beginning at ages 12. This program is designed to accompany each child participant into adult. It draws from community resources incorporating the aid of Community Based and Civic organizations, corporations, the public sector (especially juvenile justice, and educational institutions [k-12 as well as post-secondary]), churches, parents and other adults, among other neighborhood and community resources. The goal of the program is to provide each participant with a sense of safety and support, as she/he develops the life skills (education, etiquette, efficacy, commitment to community, sense of responsibility, among others) necessary to become viable participants in this society. Represented by a longitudinal approach stretching over a period from 4 through 10 years, this program is a prototype operationalizing the African proverb, "It Takes a Village to Raise a Child."

Personal and Professional Growth

- ***Employment Service Program (ESP)***

This program is designed to assist individuals interested in obtaining full-time employment by providing career-training services. Additionally, recipients receive a wide range of support services. Services include:

- (1) Professional development seminars in job searching, interviewing skills, labor market information, job acquisition strategies, work place expectations and behaviors;
- (2) Adult basic education and GED classes;
- (3) Colleges and universities training program information, and financial aid seminars;
- (4) Personal counseling.

- ***Financial Planning and Management: (FPM) Coordinator:***

This program represents a series of four annual financial forums. These forums are tailored to meet the individual, and cultural needs of its audience. Each forum addresses a particular cohort in our Denver community. They include, African American, Hispanic, Native American, and Immigrants.



BEHAVIOR SERVICES INSTITUTE:

SUMMARY OF ADULT SERVICES

Anger Management:

This is a 12-module/24 week course. We use the curriculum, "Anger Management for Substance Abuse and Mental Health Clients: A Cognitive Behavioral Therapeutic Approach, published by US Department of Health and Human Services, SAMHSA/CSAT. The modules are augmented with information from the books, Anger Management: Breaking the Relapse Cycle by Joe Clancy (Published by Psychosocial Press), The Anger Workbook, by Les Carter, Ph.D., and Frank Minirth, MD (Published by Thomas Nelson Publishers), and Dealing With Conflict, by E. Leonard Gillingham, (Published by Abingdon Press).

Dialectical Behavioral Therapy: This approach to intervention incorporates a variety of techniques useful in managing anxiety. Many of our clients suffer from chronic anxiety often identified through diagnosis including BPD, MDD, Chronic Anxiety, PTSD, and other cases that might be misdiagnosed through ADHD. This empirically proven approach to managing anxiety has proven most helpful in redirecting energy from anxiety oriented outcomes to more productive stable outcomes. Intervention techniques including, Advaita, The Power of Now, Radical Acceptance, along with other contemporary approaches to self actualization and empowerment.

DOMESTIC VIOLENCE INTERVENTION: Including: WOMEN/GLBT

We offer Approved Domestic Violence Intervention Services to the following populations:

- Male Offenders
- Female Offenders
- GLBT Offenders
- Victim Advocacy/Empowerment

DUI EDUCATION:

Alcohol: This is a 12 week Driving With Care or Impaired Driver Curriculum. The clients are required to complete all 12 sessions in no less than 12 weeks.

DUI TREATMENT:

Alcohol: This program is based on the Driving With Care or Impaired Driver curricula for Treatment Tracks A-D.

Hypnotherapy:

In our quest to provide holistic services to modify and/or transform behavior, hypnotherapy is used to provide clients with insights they would not normally tap with verbal, play, or other psychotherapeutic techniques.

HIV/AIDS Intervention Prevention Counseling:

This intervention is reserved for clients who self report at-risk behaviors relative to HIV/AIDS. We utilize best practices as informed and trained by the Colorado Department of Public Health and Environment. Three of our counselors have received training and certification through this venue to provide services to clients who are at risk

for or who have contracted the disease.

Individual Education/Counseling/Therapy:

This intervention is reserved for clients who either do not qualify for group counseling or may be in need for individualized. They receive services directly from Licensed Addiction Counselors who also hold Licenses in the Mental Health Fields. Special interventions include Eye Movement Desensitization and Reprocessing (EMDR) and Dialectical Behavioral Therapy (DBT).

Job Readiness:

As a founding partner of the American Pathways University, we house their Department of Human Services. Students in this specialization may receive BA degrees in Addiction Counseling (CAC III qualified), Domestic Violence (Approved Provider Status), and one of six categories for HIV/AIDS Prevention Intervention (State Certification)

Marriage and/or Family Education, Counseling, Therapy:

Our Licensed Professional Counselors and Marriage and Family Therapists provide an array of interventions to individuals, couples, and groups. Our facilitators bring to the experience, training and certification in best practices for pre/post marriage counseling/education/therapy, couples communication, refusal skills, anxiety management, addicted family system, etc. Couple intervention emphasize relationship enhancement informed by best practices as well as the book, Perfect Love, Imperfect Relationships by John Welwood.

Men's Empowerment: This intervention addresses issues men often face when struggling with AOD rehabilitation. Responsible fatherhood interventions are featured as most of the fathers in this group are non-custodial parents, struggling with the shame and guilt of failed efforts to be a viable part of their children's lives.

NA/AA Support Group:

We offer in house as well as referral services to facilities throughout the city that are recognized NA/AA support groups.

Reentry/After Care:

In response to the expressed needs of clients we are offering a curriculum that provides a forum for their continued care, as well as their preparation to exit our services. Readiness for change indicators based on updated URICA evaluations provide the criteria for entering into this class. Participants in this class will be introduced to topics including but not limited to Relationship Enhancement (Couple and Family), (2) Physical Health Maintenance (Exercise, Nutrition), (3) Emotional/Mental Health Maintenance (Personality Assessments, Mindfulness Techniques, DBT, EMDR), (4) Job Readiness (American Pathways University) ,

and (5) Housing Placement Assistance, (6) Spiritual Growth: Course In Miracles, and (7) Case Management.

Relapse Prevention:

This is a perpetual course. It provides for structured intervention delivered through a support group venue. The intervention offers opportunities for clients to continue their rehabilitation journey after a period of sustained full remission of at least six months. Our trainers have completed a variety of training of trainers curricula including but not limited to, Intervention and Recovery Strategies by Colorado's State Court Administration Office, "How to Start Relapse Prevention Support Groups," and "Staying Sober," based on the CENAPS Model by Terrance Gorsky.

Perfect Love in Imperfect Relationships:

A Heterosexual Model: This intervention is an integrative approach to relationship enhancement. Identifying and culling substance from a variety of nationally recognized best practices for relationship enhancement, healthy marriage, and even responsible fatherhood, we offer a wide range of intervention approaches to empower our clients to indulge in choices and behaviors that optimize their capacity to remain responsible, responsive, supportive, and even celebratory toward one another throughout various stages of heterosexual platonic and/or romantic relationships.

A Homosexual Model: This intervention addresses healthy relationships particular to our homosexual community. It incorporates concerns regarding institutionalized heterosexism including (1) the dangers of being openly gay, (2) the physical challenges to practicing sexual behavior, (3) self actualizing activities to reconcile the issue of homosexuality with family, friends, and community.

Spiritual Alliances:

This curriculum is client driven. It is offered based only on client preference. There are no court ordered services in this category. We do not promote any particular faith or religion. It is based on the second step of the 12 Step process, emphasizing quotes found on page 55 of the Big Book. It states, "Actually we are fooling ourselves, for deep down in every man, woman, and child is the fundamental idea of God. It may be obscured by calamity, by pomp, by worship of other things, but in some form or other it is there. For faith in a Power greater than us, and miraculous demonstrations of that power in human lives, are facts as old as humankind." The curriculum provides alternative approaches to managing anxiety and is informed by, (1) The Big Book, A Course In Miracles, Power Freedom and Grace by Deepak Chopra, the Seven Spiritual Laws of Success by Deepak Chopra, and the Nature of Personal Reality, by Jane Robert. We have been purposeful to avoid books that are traditionally correlated with any particular faith or religious orientation.

Substance Abuse:

This curriculum varies in length based on the recommendations from the courts, DOC, as well as, the results of on-site substance abuse evaluations. We utilize CBT, DBT, Transpersonal, and MRT techniques, informed by the curriculum, Criminal Conduct and Substance Abuse: Strategies for Self Improvement and Change Pathways to Responsible Living.

Trauma Intervention - Including (PTSD)

We offer the services of a certified EMDR interventionist. EMDR is an

evidenced based intervention for trauma, vicarious, chronic, as well as PTSD. The usage of a Genograms provides trauma history that is used to inform the orientation of the process. This intervention may be applied individually, or in a group system (usually family). As well, it may be applied to individuals suffering from AOD abuse or dependence.

NLP:

Neuro-linguistic Programming provides another alternative to stress, anxiety, and trauma management. It is a physical and cognitive intervention offering cognitive reframing along with physical reinforcement techniques.

Yoga:

It has been empirically demonstrated that mindfulness techniques provide great alternatives to the usage of AOD. Therefore we offer to our clients weekly Yoga classes on Monday's from 6:00-7:30 pm.

Women's Empowerment:

This is a perpetual group process addressing issues of self-esteem and efficacy for women ages 18 years and older. Each weekly, 2-hour session provides a forum where participants may cathart anxiety, share experiences, listen to lectures, watch video/DVD productions, indulge in play therapy, and engage in-group facilitated discussions, and so much more. Our curriculum is based on Criminal Conduct and Substance Abuse Treatment for Women In Correctional Setting featuring Female Strategies for Self Improvement and Change-Pathways to Responsible Living. Other materials are extracted from the plethora of women's empowerment literature including works by Iyanla Vanzante, Jeanne Stevenson Moessner, Savina J. Teubal, Sherry Argov, Greg Behrendt/Liz Tuccello, Regina Thomashauer, Elizabeth Hilts, and Liz Curtis Higgs.

FOCUSING ON OUR CHILDREN/YOUTH

Boys To Men:

Challenge for boys in today's world is greater than ever. Boys have too few positive role models and far too many negative examples of masculinity. Gangs, drugs, Internet pornography, and teen pregnancies compound this critical time in a young man's life. Too many good boys get caught up in a path they may not have chosen if they had a mentor to help see options, weigh consequences and make positive choices. Over 40% of families are single parent with mom as head of the household. Boys are seeking honor and respect through threats and acts of violence. When a young man takes a risk, he is begging for attention. Use of alcohol, tobacco and other drugs continues to be a rite of passage for many boys. Boys suffer from sadness, fear and anger in a culture of cruelty and are taught not to express their feelings. Fewer healthy mature men are taking on a mentoring role to guide and nurture boys. Based on our San Diego prototype, areas of emphasis for this program:

- Build self esteem

- Provide a unique and safe place where boys can interact with committed, conscientious men
- Encourage boys to be men of honor. To seek and speak the truth.
- Help boys discover and develop their individual strengths, talents and gifts.
- Mentor positive male role models
- Challenge boys to live lives of responsible action and make a meaningful impact in the world.
- Teach boys how to resolve conflicts and ask for forgiveness.
- Support boy's dreams to find a personal mission
- Praise the greatness in each boy.

Give our boys hope, confidence and courage.

Smart Girls/The Princess Corner:

This intervention welcomes any girl who either thinks she is smart or wants to learn how. We provide support group as well as behavioral intervention augmenting the nationally recognized program online network, SmartGirl.org. Girls express themselves on the website by writing reviews, sharing poetry and creative writing, completing surveys, and engaging in social science research using Smart Girl survey data. By facilitating girls 13-17 years of age, participating in this Internet network, they learn or develop:

- Self Esteem
- Self Efficacy
- Computer Literacy
- Writing Skills
- Speaking Skills
- Ethical Concepts
- Healthy Relationship Skills

Minors In Treatment (MIT):

Minors In Consumption: We use the same curricula as MIP, utilizing CBT, MRT, and DBT interventions. Additionally we evaluate the client's readiness for change to gauge progress in rehabilitation. Finally these clients are subjected to random UA's and BA'. These approaches are offered through a variety of approaches accommodating the Outpatient (2 hours per week) as well as the Intensive Outpatient (6 hours per week) interventions. Outpatient services usually include a group level intervention addressing drug education, counseling, and/or therapy. The Intensive Outpatient services category incorporates the aforementioned group intervention with additional services the individual and his/her family system. Seeking Safety, the CYT, and Pathways to change are among

the curricula that we use for the girls. CYT and Pathways are used for the boys as we test other approaches for this cohort.

Minors In Possession: This program features the curriculum from the Pathways to Change intervention. As well, we offer the CYT curriculum to provide community based family systemic approaches to substance abuse and alcohol addiction rehabilitation. This approach is sensitive to first-time relative to repeat offenders. First time offenders are provided with an educational intervention addressing identified needs of individuals in this cohort. A second offender receives a more intensive intervention linking the issue of possession with their disutility. A third offender will be subject to an Intensive Outpatient Treatment intervention including group, individual and family services. The curricula and treatment plans are unique to the needs of the individual offering the widest option for the unique needs of each of these individuals. Such interventions may include:

- Job Readiness and Placement
- Financial Management
- Compulsive Behavioral Intervention
- Anxiety Intervention
- Individual, Family and Social Responsibility
- Other areas as defined by the clients

Minors as Victims: Children are identified by many as indirect victims in family systems that are adversely affected by alcohol, other drugs or domestic violence/abuse. This program provides direct services through therapeutic intervention, as well as, case management addressing the unique and crucial problems of children within such family systems

Minors as Victims: Alcoholism and Drug Addiction (AOD):

This issue is taking a toll on the American family. As a result, 8.3 million children in the United States, approximately 11 percent, live with at least one parent who is in need of treatment for alcohol- or drug-dependency. A One in four child, under the age of 18, is living in a home where alcoholism or alcohol abuse is a fact of daily life. Countless others are exposed to illegal drug use in their families. The toll addiction takes on these children can be substantial. Children of Addiction (or COAs) are at significantly greater risk for:

- a) mental illness or emotional problems, such as depression or anxiety;
- b) physical health problems; and
- c) learning problems, including difficulty with cognitive and verbal skills, conceptual reasoning and abstract thinking.
- d) Higher probably for verbal, physical and sexual abuse 3-4 times higher

While therapeutic interventions vary, we believe that there are certain family therapeutic interventions that work particularly well, as follows:

Structural Therapeutic Intervention to address the following scenario: Children living in alcohol- or drug-dependent homes are regularly confronted with denial, shame and silence about their family experience. The unpredictability and irrationality caused by the addiction in the family often creates an atmosphere that is blaming, emotionally hurtful and sometimes physically unsafe. COAs often feel obligated to take on the parental responsibilities. Although some COAs will outwardly exhibit negative behaviors that may alert the adults around them that there may be a problem at home, others work hard to succeed and please in spite of the stresses at home. Often these children do not have a balanced childhood, which may result in negative consequences for the future, including an increased risk of substance abuse problems.

A Family Systemic Approach to Treatment: Living with an active alcohol- or drug-dependent adult is undeniably difficult for all family members. But surprisingly, the experience of a loved one who is beginning treatment and going through recovery also can be traumatic for children, particularly as the family dynamic associated with addiction begins to change. The uncertainty and tension that are part of this change may be uncomfortable and confusing for children. When a parent receives treatment, their partner and children should also receive appropriate services as well, so that all members of the family can recover from the impact of addiction.

A Three Pronged Message: Counseling and education services can support COAs in three ways by:

- 1) Providing children with age-appropriate information about alcohol, drugs and the disease of addiction. The most important messages for COAs to hear from trusted adults are:
 - a. Alcohol/drug dependency is an illness. It is not your fault that your parent drinks too much or uses drugs, and you are not responsible for correcting it.
 - b. You can take care of yourself by talking with a trusted person and making healthy choices in your own life.
 - c. Treatment for alcohol/drug dependency is available and can be effective in getting a parent with addiction on the road to recovery.
 - d. You are not alone. You need and deserve services. There are safe people and places that can help you.
- 2) Teaching children how to identify and express their feelings in healthy ways, especially by seeking out and speaking with "safe" adults.

- 3) Providing a sounding board for children to cathart their anxiety and develop healthy and nonviolent coping techniques as they resolve many of the behavioral implications. Case Management Includes coordinating services with area peer support groups, such as Alateen and Al-Anon, school-based student assistance programs. As well we provide direct services through education, counseling and therapy programs that can assist COAs:

Minors as Victims: Domestic Violence

Having identified the jeopardy to which children may be exposed in the context of domestic violence, it is imperative that professionals identify strategies to safeguard against these risks. We provide services to children who are victims as follows:

1. Trauma and Anxiety: Child specific approaches using the best practices in therapeutic intervention including not limited to:
 - A) Dialectical Behavior Therapy
 - B) Eye Movement and Desensitization Reprocess
 - C) Cognitive Behavior Therapy
 - D) Motivational Interviewing techniques
 - E) Neurolinguistic Programming
2. Community Mobilization and Support Networking: Here we serve as points of contact and placement when children need additional support from entities including but not limited to:
 - A) Human Services
 - B) Criminal Justice
 - C) Religious Institutions
 - D) Schools
 - E) Other Support systems
3. Safety planning for unsupervised visits. Planning for unsupervised visits can help children not only manage fear and anxiety, but can also enable them to develop safety skills and realistic safety plans to minimize the risk of violence during visitation. The process of safety planning further allows children of battered women to understand and manage the multitude of conflicting feelings they may be experiencing associated with visiting their fathers. It is critical that professionals help children identify safety issues and build problem-solving, safety skills. Safety planning for unsupervised visits may be initiated by professionals but should always be undertaken in consultation with the non-abusing parent. Any safety plan must be realistic.

The plan should be simple. It must be age-appropriate. The child must be competent to undertake the strategies designed. Perhaps only children above 8 years of age can be active participants in safety strategies.

Our Therapeutic Consultants include: Hulond Copeland “Coach”, CAC II, providing Levels I and II DUI Education; Angelia Hunter, CAC III, providing Clinical Supervision, Anger Management; Peter DiLeo, LPC, providing Domestic Violence Intervention; Marjorie Lewis, Ph.D., D.Min., MFT, LAC, NCAC II providing Relapse Prevention through DBT, EMDR, NLP, and Hypnotherapy; Mark Meier, D.Min., providing Domestic Violence Intervention, James Parham, BA, providing financial management education, counseling and therapy and Linda Williams, LPC, RPTS, CAC II, Mental Health Intervention, Play Therapy, Parenting.

Men’s Empowerment

This series of individual and group interventions are provided for the expressed purpose of facilitating our client’s mastery of risk and harm reduction behavior relative to at risk behavior for addiction, HIV infection, and other harmful habits that must be replaced.

Responsible Fatherhood: This is an ongoing priority of the CCESJ including the following priorities: Child Support Navigation and Brokering, Parenting, Healthy Marriage and Relationship Enhancement Education, Counseling, and Therapy. As well the program borrows from the programs identified below.

- **Narcotics/Alcoholics Rehab class:** This an ongoing intervention, presented in six-month cycles. It is held weekly, Tuesdays at 5:30pm.
- **Anger Management classes:** This is an ongoing intervention presented in six-month intervals. It is held weekly, Tuesdays at 6:30 p.m.
- **Self Esteem Empowerment meetings:** Held weekly, Thursdays at 5:30 p.m. The duration of this intervention is three to six months. It twice annually from January through June, and July through December.
- **Addictive Behavioral Support group meetings:** Held weekly, Thursdays at 6:30pm. This is an ongoing initiative.

Women’s Empowerment

This series of individual and group interventions are provided for the expressed purpose of facilitating our client’s mastery of risk and harm reduction behavior relative to at risk behavior for addiction, HIV infection, and other harmful habits that must be replaced.

- **The Adult Basic Education Program (ABE)** offers classes to persons 16 years of age and older. These classes consist of basic Reading, Writing, Arithmetic and Work Place Literacy,

which provides reading, writing, and math in the context of Job Development. Classes are held twice a week for 12 weeks, 3 hours each session.

- ***Detecting and Managing Anxiety/Depression:*** This is an ongoing collaboration with the Colorado Mental Health Association. We partner with this agency in order to provide each participant an opportunity to be diagnosed relative to the likelihood of suffering depression. As well, we explore issues associated with this disease, and finally approaches to managing this disease. The reference text is, "Willow Weep For Me," by Mary Danquai.
- ***Resolving Our Addictions:*** In this module we are able to do very important things. We look at triggers relative to one's propensity to use drugs and alcohol. We also explore the short cuts we take in avoiding pain. One very important point relative to this module is the fact that addiction is not constrained to drugs or alcohol.
- ***Anger and Stress Management:*** Toxic anger is one of the powerful silent killers. We are looking at the difference between toxic and healthy anger. We explore the quote, "Be angry and sin not. Let not the sun go down on your wrath."
- ***Understanding Our Children and Managing Them Through Their Life Cycles:*** This module comprises a parenting class geared toward empowering women to become effective mothers with or without a marital mate. They, the women, learn to recognize that most of their children's problems are reflections of their issues with children transforming through various phases of life. We learn that problem phases are not a function of our kids but a function of our inability to deal with our children's changes.
- ***Multicultural Ethics/Management:*** Cultural competence is a goal whereby we are empowered to understand our plights within the context of others. We learn to understand and accept the human frailties that so easily beset others and ourselves. During this module, we learn to understand others and accept ourselves.

Marriage Education, Counseling and Therapy Marriage is one of the most

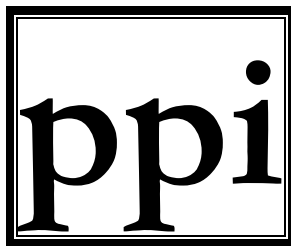
important institutions in our civilization. The quality of our families, neighborhoods, and communities depend on the quality of our marriages. Marriage is not to be entered into lightly. It requires preplanning, and management. Marriage is a very fragile situation that should never be taken for granted. The following services are provided by the Center for Community Excellence and Social Justice.

- ***Premarital Counseling:*** Couples who are considering marriage are provided extensive counseling including: Individual and Couple Interviews, Personality assessments incorporating the usage of genograms, Conflict Resolution Techniques, Problem solving Techniques emphasizing the assessment of and differentiation between symptoms and underlying issues, Communication Skill Building, Multicultural Competence, Persons certified to perform marriage ceremonies facilitate these sessions. They come equipped with a demonstrated comprehension of what it takes to succeed in a marriage relationship, at the end of the process, each couple is awarded a certification of completion, and if the couples so choose, the counselor or therapist performs the marriage ceremony.
- ***Post-marital Counseling:*** This initiative is of interest to married or divorced couples who are struggling with their commitment to married or are considering remarriage. During this period of exploration, remembering, and revisiting the benefits and costs associated with the union. Areas of intervention and guidance include: Personality Assessments incorporating the usage of genograms, Individual and Couple Therapy, Marital Group Therapy, Conflict Resolution Techniques, Problem solving Techniques emphasizing the assessment of and differentiation between symptoms and underlying issues, Communication Skill Building, Multicultural Competence, Persons certified to perform marriage ceremonies facilitate these sessions. They come equipped with a demonstrated comprehension of what it takes to succeed in a marriage

relationship, At the end of the process, each couple is awarded a certification of completion, and if the couple so chooses, the counselor or therapist performs a renewal of vows or re-marriage ceremony.

Play Therapy There are many situations where we are simply unable to communicate through words. We find ourselves in such a predicament before we learn to speak. Often, a traumatic event leaves us literally speechless, or at least unable to communicate effectively with words. Play therapy is a psychotherapeutic and/or counseling intervention used for all ages. Its greatest value lies in its ability to capture communication through methods other than verbal exchange. Using games as a major communication venue, we are able to hear stories through play. These stories, individual, family and group might often go untold, excluding valuable input in our quest to understand one another. We offer a variety of venues including: **1)Children's Play Therapy, 2)Adult Play Therapy, Family Play Therapy, Play Therapy Continuing Educational Courses.**

Grief Therapy Grief is an emotion we all experience. There are numerous ways that we resolve our grief. Whatever our choice, the issue of grief must be resolved. When we are unable to manage our grief to the point that we are dysfunctional, it may become necessary to seek outside help in the form of grief therapy or grief counseling. While these services are available to all members of our community, we are developing a particular interest in the community of persons infected or otherwise affected with or by HIV/AIDS.



PUBLIC POLICY INSTITUTE:

SOJOURNER MINISTRIES

Sojourner Truth, a prominent figure in the social justice and the framing of public policy, provides a model of empowerment for our faith-based orientation to service. Her unprecedented litigious success inspires us to speak up for what we believe to be right. The ministry is one of spiritual empowerment to the least of these...the downtrodden, the disinherited, the voiceless, and everyone else in such need.

CCESJ PUBLISHING

Our publication initiative includes access to a series of ISBN numbers, a graphics artist and variety of editorial experts in various areas of public policy, social justice, community services, and behavior services. We are developing the capacity to provide virtual, as well as hard copy services through Internet access, and traditional printings. Our editorial is comprised of various experts all holding Ph.D.'s in their fields including: Child Welfare, Poverty, Economic Justice, Behavior Services, Public Educational Administration, Financial Management, Children's Literature, Religion and Public Policy, and Multicultural Competence.

American Pathways University

CCESJ's Community Training Institute, Downing Street Learning Center, Department of Human Services, American Pathways University

We have developed in partnership with the American Pathways University, the Colorado Department of Human Services, Alcohol and Drug Abuse Division, Department of Public Health and Environment HIV/AIDS Technical Assistance and Training Division:

- Alcohol and Other Drug Rehabilitation Training
- Marriage and Family Education
- Harm Reduction Interventions and Prevention for HIV/AIDS

CHMI

CCESJ's Healthy Marriage Initiative: The Center has taken the lead role in the coordination and development of Colorado's Healthy Marriage Initiative. The following is a yearlong agenda for 2006.

BAC

Black Abstinence Coalition is a national initiative, the purpose of which is to promote abstinence from sexual activity until marriage by providing communities with abstinence-education that includes factual information and practical skills. The information is presented through professional instruction in order to reach communities where adolescents and young adults are most likely to bear children out-of-wedlock. Additionally, this initiative features another dimension entitled, "On Second Thought...Let's WAIT."

This program features interventions that empower individuals desiring to cease from sexual behavior. Its application is relevant to various aspects of our community particularly youth engaged in prostitution and other sexual exchanges.

CWCEBC

Colorado/Wyoming Council on the Education of Black Children is our localized chapter of the National Council on the Education of Black Children. The purpose of this organization is to address the issues of equity of opportunity through education of African American children. The organization partners with the Hispanic Community, as well as other underrepresented populations in this endeavor.

Our Staff: CCESJ boasts an association with quality persons, well equipped with certification and experience to address any of the aspects of our Center. Our 17-person team lists as follows.

Hulond Copeland, CAC II, Addiction Counselor

Charles DeShazer, MA, LAC, Psychotherapist

Peter DeLeo, LPC, Domestic Violence Treatment

David Hollowell, M.Div., Chaplain Outreach

Marjorie Lewis, Ph.D., D. Min., LMFT, LAC, President

Richard Lewis, Intern

Sandra Mann, BA, Consultant, Community Outreach

Gene Marlatt, Ph.D., Provost, American Pathways University

Mark Meier, D.Min, Consultant, Domestic Violence Treatment

James Parham, BA, Clinical Supervisor

Richard Bradley Smith, BA, Computer Technician

John Thibodeau, MA, Psychotherapist

Desiree Vigil, Administrative Coordinator

Jennifer Vote, AA, Projects Director

Linda Williams, LPC, RPT, CAC II Consultant, Play Therapy

Aaron Willis, MPA, Consultant, Web-Site Management

OUR CLIENT BASE: During our tenure our organization has provided additional services through workshops, seminars, therapy services, group counseling, research (writing, statistical analysis, and evaluation). The following organizations comprise some of our clients served. US Department of Human Services, Administration for Children and Families, Region 8; American Baptist Homes of the Midwest; Colorado State Department of Public Health and Environment; Denver Conflict Center; Denver Juvenile Justice Integrated Network; First Unitarian Church of Denver, CO; Forestry Department, CO; Grace UMC, Denver, CO; Lutheran Lay School of Theology; National Association of Human Resources Workers; Salvation Army, Colorado Department of Human Services, Access Behavior Colorado, Behavioral Health Care, Denver Behavioral Health, City and Country of Denver's Community Reentry Project.